



**ITSO - Face-to-Face Training on
“Satellite Communications” for English speaking countries in Africa
Nairobi, Kenya, 08 – 12 August 2016**

1. **VENUE & DATES**

Training will be conducted at AFRALTI – Nairobi, Kenya.

2. **REGISTRATION**

Participants are urged to confirm participation using the attached registration form and forward the same to contacts below, two weeks prior to training date.

3. **ACCOMMODATION IN NAIROBI**

A list of recommended hotels in/around the Nairobi city centre and training venue is provided below. Participants who would like assistance in booking accommodation are requested to advise choice to AFRALTI contact/s one week prior to arrival in Nairobi.

4. **TRANSPORT IN NAIROBI**

Airport Transfers – Participants are expected to make their transport arrangements to/from the training venue. A map to AFRALTI appended below.

Upon request, AFRALTI will assist with arranging transport with preferred service provider.

Recommended Transport Companies with Offices at Jomo Kenyatta Airport (not exhaustive):

- **JATCO CABS -** Tel: +254 722 648 383, +254 722 725 131, +254 20 444 6096
Email: jatco@jatcotaxis.com; bookings@jatcotaxis.com
Web: www.jatcotaxis.com
- **PRINCESS CABS -** Tel: +254 722 724 637, +254 733 758 997, +254 728 290 362
Airport: +254 726 581 555, +254 734 277 088
Email: info@princesstravelskenya.com
Web: www.princesstravelskenya.com
- **JIM CAB -** Tel: +254 722 711 011, +254 733 735 999, +254 720 275 720
Email: jkiaoffice@jimcab.co.ke
Web: www.jimcab.co.ke

5. **VISA REQUIREMENTS**

Please refer to the nearest Consulate or Embassy of Kenya for the latest visa requirements or travel to Kenya.

Where necessary **and upon request**, AFRALTI will issue a letter of invitation to the participant to support visa application.



6. **HEALTH REQUIREMENT**

The following is recommended:

- Immunization against yellow fever
- Medication for prevention of malaria

7. **CURRENCY**

There is no limit to the amount of foreign bank notes or traveller's cheques which visitors may bring with them to Kenya. Commercial banks, forex bureaus and most hotels provide currency exchange facilities.

Major international credit cards are accepted in most hotels.

8. **CLIMATE**

Although Kenya is astride the equator, the Nairobi areas and many other parts of the country experience a very pleasant and temperate climate throughout the year. Nairobi is situated at about 1,600 meters above sea level.

Generally, from January to March, and from August to October, it is hot and dry. From April - June and November - December, it is hot and wet.

9. **WORKSHOP/MEETING CO-ORDINATORS:**

AFRALTI

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ITU

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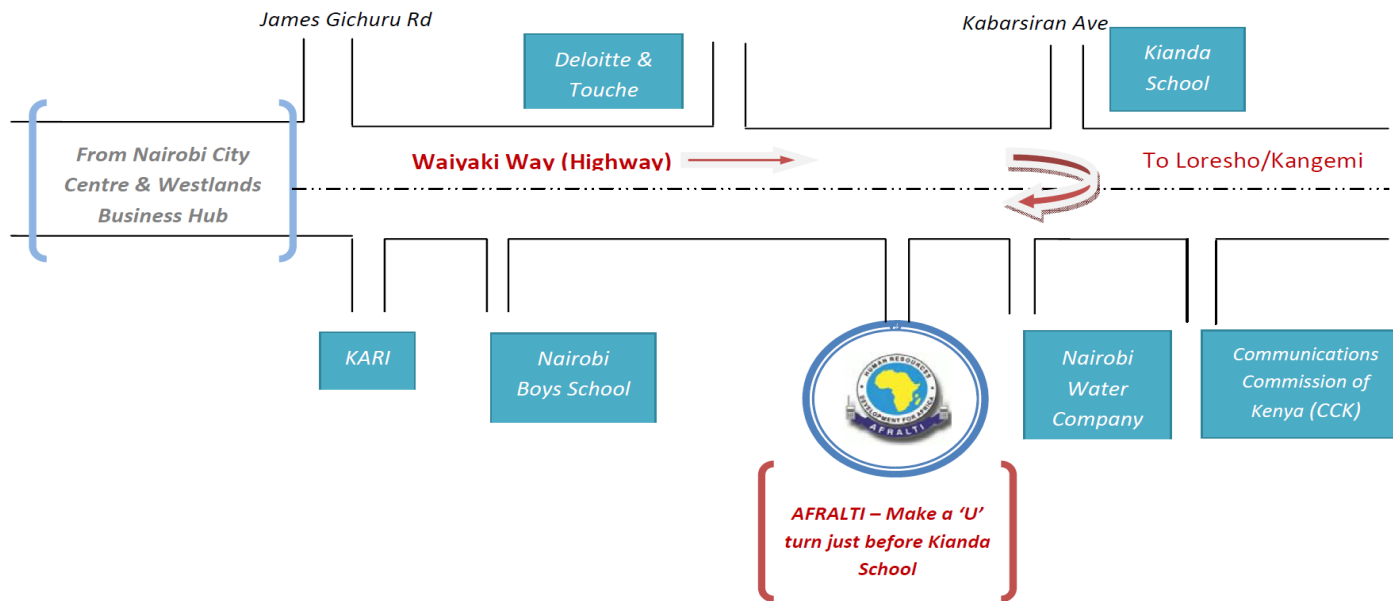
No	Accommodation	Single Room Rate – US\$ BB Per Person	Double Room Rate – US\$ BB Per Person	Tel No. +254 20	Email Address Website
Located At AFRALTI Offices/Premises					
1.	AFRALTI Guest House	*Single - US\$35.00 *Single Executive – US\$45.00		265 5011, +254 710 207 061	info@afralti.org www.afralti.org
Located In Westlands Area & Business Hub					
2.	Villa Rosa Kempinski*****	Superior Single – US\$245.00	*Superior Double – US\$275.00	3603000	reservations.nairobi@kempinski.com www.kempinski.com
3.	Sankara Nairobi *****	*Superior – US\$253.00	*Deluxe – US\$278.00	4208000/ 4208023	stay@nairobi.sankara.co.ke www.sankara.com
4.	Southern Sun Mayfair Hotel*****	*Single – US\$225.00	US\$250.00	3740920/ 3688000	reservations@southernsun.co.ke www.tsogunsun.co.ke
5.	Dusitd2 NAIROBI *****	*Single – US\$340.00		254 20 4233000	reservations.nairobi@dusit.com www.d2nairobi.com
6.	Tune Hotels*****	*Single – US\$72.00		254 713 120539	reservations.nairobi.ke@tunehotels.com
7.	Jacaranda Hotel*****	*Single – US\$180.00	US\$220.00	2288000 / 2790000	cro@jacarandahotels.com www.jacarandahotels.com
8.	Golden Tulip*****	*Single – US\$135.00		+254 791 166 664	info@goldentulipwestlandsnairobi.com
9.	The Zehneria Portico***	Superior – US\$150.00 Club Room – US\$115	US\$180.00 US\$145.00	+254 731 617 469/ 264	reservation@zehneriahotel.com www.sarovarhotels.com
10.	Qaribu Inn***	*Single – US\$75.00	US\$105.00	0708-555 111 0731-555 111 0772 555 111	info@qaribuinn.com reservations@qaribuinn.com
11.	PrideInn Hotel***	*Single – US\$117.00	US\$137.00	8155399	stay@prideinn.co.ke
Located In Upperhill/Milimani Area					
12.	Crowne Plaza Nairobi*****	*Single Room – US\$205	* Double Room – US\$235	274 6000	reservations@cpnairobi.com www.cpnairobi.com
13.	Sarova Panafric Hotel*****	*Standard Single – US\$155	*Standard Double – US\$185	276 7000	reservations2@sarovahotels.com www.sarovahotels.com
14.	Lenana Mount Hotel***	US\$49.00	US\$77.00	271 7044/46/48	lenanamounhotel@iconnect.co.ke



No	Accommodation	Single Room Rate – US\$ BB Per Person	Double Room Rate – US\$ BB Per Person	Tel No. +254 20	Email Address Website
15.	Silver Springs Hotel***	Single - US\$98.00 Superior-US\$141.00	US\$130.00	272 2451	frontoffice@silverpsrings-hotel.com
Located In Nairobi CBD					
16.	Fairmont The Norfolk Hotel ****	*Fairmont Room – US\$220 *Deluxe Room – US\$250		2216940 / 2265000	kenya.reservations@fairmont.com www.fairmont.com
17.	Nairobi Serena Hotel*****	*Deluxe Single – US\$270	*Superior Double – US\$300	2822000/354/368/369	nshreservations@serena.co.ke www.serenahotels.com
18.	Intercontinental Nairobi *****	*Superior Single–US\$185 *Superior Double– US\$220		32000000	reservations.icnairobi@ihg.com www.intercontinantal.com/nairobi
19.	Hilton Hotel Nairobi****	*Single Room – US\$180	*Double Room – US\$220	2288000 / 2790000	reservations.nairobi@hilton.com www.nairobi.hilton.com
20.	Sarova – The Stanley*****	*Single Suite – US\$ 170	*Double Suite – US\$ 200	2767000	reservations3@sarovahotels.com www.sarovahotels.com
21.	Laico Regency Hotel ****	*Single Room – US\$ 165	*Double Room – US\$190	2211199 / 2790000	reservations@laico-regency.com www.laico-regency.com
22.	Hotel Six Eighty***	*Single Room US60.00	US\$84.00	344 000, 318680	info@680-hotel.co.ke
23.	Nairobi Safari Club***	*Single Suite – US\$155	* Double Suite – US\$175		reservations@nairobisafariclub.com www.nairobisafariclub.com



MAP TO AFRALTI



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Email: info@afralti.org; training@afralti.org